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Food Allergy and Sensitivity Testing

Why Saliva Testing

This series of tests combine the science of saliva analysis with the body's inherent electrical nature, to create personalized nutritional programs unique to you. The body is not only chemical in nature, but electrical; hence, western medicine has been able to capture electrical frequencies monitoring a patient's heart by means of an EKG. In the field of alternative medicine, they have found electro-magnetic medicine to be one of the most comprehensive and progressive testing tools available today. Due to the existence of numerous electrical systems within our bodies which interact via our sympathetic and par-sympathetic nervous systems, they are able to decipher imbalances that can be corrected through proper nutrition.

Saliva, while mostly water, contains electrolytes, buffers, antibodies, hormones, enzymes, sugar-coated molecules known as mucin, proteins, and a host of minerals. The elements found in blood that can be tested can also be tested in saliva. Like the blood, saliva is also a blue-print of the body on a cellular level. These facts are referred to in an article that appeared in the Health/Science section of the Boston Globe on March 4th, 2003. Stated in part in her article: Saliva Offers a Mouthful of Promising Science", Vivien Marx notes:

...biomedical researchers are finding that this bodily secretion offers a mouthful of promising science. Last month, some of these scientists presented their newest work at the Gordon Research Conference and Symposium on Salivary Glands and Saliva in Ventura, Calif.

Lawrence Tobak is the director of the National Institute of Dental and Craniofacial Research, part of the National Institute of Health. He is also a diabetic, and has pricked his finger more times than he would like to count. He envisions a device so small it could be integrated into a tooth and would use saliva to monitor his blood sugar level. What sounds perhaps like science fiction is actually a research program involving several universities around the country to develop lab-on-a-chip technology for saliva diagnostic tests.

"Anything you can measure in blood", Tobak explained, "you can figure out how to measure in saliva." Collecting saliva samples is much less invasive and it might lower people's fears about going to the doctor, he said, "These methods hold tremendous promise."

For example, at the University of Mississippi Medical Center in Jackson, Charles F. Streckfus and his colleagues are working on various ways to compare saliva in healthy and cancer patients. One saliva test he is working on measures levels of HER2/neu protein, which is important in normal cell growth, but is over-produced in aggressive breast cancer cells. These elevated HER2/neu levels can be detected in saliva, and research shows this test can potentially reduce the number of false positives and negatives in breast cancer detection. The test also offers a noninvasive way to see how a treatment regiment is working.

Saliva can deliver insights into the body's immune response, Joe A. Bosch of Ohio State University stated in the International Review of Neurology. Intrigued by the connection between stress, periodontal diseases, and impaired wound healing, he looked at variations in the level of an antibody called Immunoglobulin A, or IgA in saliva.

With all it has to offer biomedical research, saliva is currently garnering more respect than ridicule.

Testing your saliva enables imbalances to be brought back into balance. Your personal program is specific for you and addresses your needs on a cellular level. This information is not a replacement for medical diagnosis and treatment.

Food Allergy & Sensitivity Testing

INDIVIDUALIZED TESTING OPTIONS:

Choose from a variety of evaluations depending on your personal needs and interests.

We offer the following:

- Testing of hundreds of herbs, vitamins, minerals, extracts, amino acids and homeopathics against the client's saliva sample.
- Toxicity and chemical sensitivity testing.
- Observe client progress by statistical evaluation of seventeen body systems.
- Individualized dietary recommendations based on system needs, imbalances and sensitivities.
- Personalized encapsulated herbal blends.

This is the most comprehensive and progressive nutritional testing available today.

The testing and research used to perform the Food Allergy and Sensitivity Tests are based on the principles of the ancient Chinese methods of body balancing similar to the arts of acupressure and acupuncture. These principles have been combined with the techniques of neuro-muscular testing to create personalized nutritional programs based on the unique needs of the individual. The principles and techniques used are among those taught in many chiropractic colleges and increasing number of medical schools, and are widely used in Europe and other countries worldwide.

Neuro-muscular testing utilizes the body's natural brain to body response to identify cellular weakness or imbalances. Whenever weakness or imbalances are noted in a client's test sample, nutrition that will strengthen and enhance those specific areas will be recommended.

Although our bodies have remained the same for thousands of years, our environment and our foods have changed enormously. Because chemicals, stress and toxins have entered our environment, foods and our bodies, it is time to update our strategies for maintaining health.

Most people get 75% of their nutrition from a very limited variety of foods. Most people's bodies are also highly acidic from over consumption of acid-forming foods and external toxins. Once the pH of the body environment gets out of balance, yeast and other harmful micro-flora (including parasites) can take up residence and harm the integrity of the intestinal wall. This condition is nick-named 'Leaky Gut', and it allows larger particles of food to make it into the blood stream than the body can recognize or use. Once this process happens with a food, you begin to develop a sensitivity to that food. Once you have a sensitivity in place, every time you eat this food, it will cause the body to go into overdrive, using valuable resources to assimilate or eliminate this food. This process strips away vital energy needed for clarity, health, stamina, and well-being. It also taps and exhausts the immune system, and often causes the body to store unwanted extra weight to help buffer you from the food 'toxins'.

When you eat from an individualized tested food list your body receives the unique nutrition it needs to help it function optimally. This process can have profound and beneficial effects for those of us who want to feel and look great, enhance our health and well-being and promote optimum weight loss or gain. Testing your saliva enables imbalances to be brought back into balance. Your personal program is specific for you and addresses your needs on a cellular level.

The entire Food Allergy and Sensitivity Testing program is designed to work in harmony with the body's natural abilities to fight disease, build immunity, detoxify poisons and maintain a good level of health and well being. We provide information that enables our clients to understand how to enhance and build one's own immune system through dietary changes, nutritional supplements, herbs and homeopathics.

NEURO-MUSCULAR SENSITIVITY EVALUATION FOR FOOD ALLERGY AND SENSITIVITY TESTING IS NOT A REPLACEMENT FOR MEDICAL DIAGNOSIS AND/OR TREATMENT.

...Because the road to health is paved with good intestines!!!!

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